



Fairview offers DOT physical appointments at six locations in the Twin City Metro and surrounding areas.

Appointments can be scheduled at:

____ Fairview Brooklyn Park Clinic
10,000 Zane Ave North
Brooklyn Park, MN 55443
*Dr. Deb Mielke

____ Fairview Hugo Clinic
14712 Victor Hugo Blvd North
Hugo, MN 55038
* Dr. Christine Berg

____ Fairview Prior Lake Clinic
4151 Willowood St SE
Prior Lake, MN 55372
* Dr. Troy Scott

____ Fairview Rush City Clinic
760 West 4th Street
Rush City, MN 55069
*Dr. Peter Berg

____ Fairview Pine City Clinic
100 Evergreen Square
Pine City, MN 55063
*Nicole Anderson, C.N.P.

____ Fairview Lakeville Clinic
18580 Joplin Avenue
Lakeville, MN 55044
*Jane Carlson, C.N.P.

To schedule a DOT physical appointment, please call **612-672-2200**.

Fairview Health Services utilizes the necessary forms for your DOT physical. Our providers are DOT certified and enrolled in the National Registry.

The cost of the DOT physical is \$120.00 and is due at the time you arrive for your appointment. You will receive a receipt.

Preparation for your DOT visit:

- Arrive 15 minutes early
- If you use a CPAP machine for sleeping, bring a copy of the download or output for the physician to review. If a print-out is not available, a letter of compliance must be written by the consulting sleep physician.
- Bring picture identification with you at your visit
- List any medications you have been prescribed
- Please take your medications before arriving for your physical
- Drink plenty of fluids the day of your visit
- Bring corrective lenses, contact lenses or hearing aids if needed
- **Diabetic and Heart Condition Patients:** please bring a copy of your most recent lab test results
- If you are responsible for the DOT Physical payment, a \$120.00 fee is due at the time you arrive for your appointment. You will receive a receipt.

Fairview Health Services will electronically file you DOT visit with the Federal Registry of the Federal Motor Carrier Safety Administration.

It is **your responsibility** to submit your medical examiner's certificate to the State of Minnesota; by mail: Driver and Vehicle Services Division, 445 Minnesota Street, Suite 175, St. Paul, MN 55101-5175, by fax to 651.297.4447 or in person at the driver exam station or driver license office. Refer to the Driver and Vehicle Services Website at:

www.dps.mn.gov/divisions/dvs/forms-documents/Documents/CommercialDriverLicense-Medical-Self-Certification-Form.pdf.

****The DOT Drug Screen Appointment can be made at the same time when you call for your DOT Physical. 612-672-2200**

The cost for the drug screen needs to be a separate payment in the amount of \$30.00**



Do Your Employees Need DOT Physicals?



The Federal Motor Carrier Safety Act (FMCSA) requires anyone with a commercial learner's permit or driver's license to obtain a valid DOT card. A driver must also carry a DOT card if driving a commercial vehicle or a vehicle weighing more than 10,000 pounds, even if the driver does not have a commercial license*. The only way to obtain a valid DOT card is to have an examination. FirstLight Health System offers DOT exams for your employees to meet this requirement. This is a service not covered by your insurance carrier, call FirstLight Health System for pricing.

Health History Review

The provider conducting the DOT examination will complete a detailed report of the driver's health history and test results. Your employees should expect to answer questions about recent injuries and illnesses, detailed history information, alcohol use, and drug use. Employees should also be prepared to bring a list all prescription and over-the-counter medications they use.

Laboratory Testing

All applicants must have a laboratory testing to qualify for a DOT card (additional testing may be required for some conditions). FirstLight Health system is a DOT drug screen and post-accident collection site for employers with established accounts. Contact FirstLight to set up an account.

Physical Examination

A comprehensive physical examination is required to meet the requirements of the FMCSA.

Exam Results

Employees who meet all of the standards qualify for a DOT card and under normal circumstances the card will expire in 2 years from the date of the exam. A reminder is sent from the MN Department of Transportation when a driver's DOT is close to the expiration date. If the employee does not meet DOT standards, the physician will indicate this on the final report.

Quality Care and Convenience

FirstLight Health System offers DOT examinations in Mora, Pine City and Hinckley, MN. One of our experienced providers will conduct a thorough examination and complete the report required by the Department of Transportation, streamlining your hiring process and keeping your business compliant with all requirements.

MORA CLINIC
320-679-1313

301 Highway 65 South • Mora, MN

PINE CITY CLINIC
320-629-7505

1425 Main Street North • Pine City, MN

HINCKLEY CLINIC
320-384-6189

620 Sandy Lane • Hinckley, MN